

NAMI Middlesex County
in collaboration with

RUTGERS

University Behavioral Health Care

Intensive Family Support Services of Middlesex County (IFSS)

Family Support Group

- ❖ *An open support group for family members whose adult loved ones have mental illness*
- ❖ *Co-facilitated by NAMI Middlesex and IFSS staff*
- ❖ *Offered virtually via Zoom*
- ❖ *Join us to share your experiences, learn from others, and get the support you need!*

February 2024 - May 2024 Schedule

Evenings

THURSDAYS (BIWEEKLY GROUPS) – 5:30 PM TO 7:00 PM

Feb 1st
Feb 15th
Feb 29th

Mar 14th
Mar 28th
Apr 11th

Apr 25th
May 9th
May 23rd

Register in advance for these virtual family support groups:

<https://us02web.zoom.us/meeting/register/tZluf-Corj0pGtWfQtdOwl-IsHo33dMcIL11>

NEW POLICY: Please arrive on time to the group at 5:30 pm. **We will not be admitting participants into the group after 5:45 pm.**

PRIVACY REMINDER: This is a confidential group and information shared in the group is not to be shared outside of the group. EXCEPTIONS TO CONFIDENTIALITY: Please note that IFSS staff members may be required to call emergency services if someone is experiencing a medical or psychiatric emergency. In addition, IFSS staff members, as well as all adults in New Jersey, are mandated reporters of child abuse or neglect. If a child (someone under 18 years old) has been abused or neglected, a report will be made to the State Central Registry. As healthcare professionals, if there is reasonable cause to believe that a vulnerable adult is the subject of abuse, neglect or exploitation, then IFSS staff must report that information to the county Adult Protection Services office.

For more information, contact Intensive Family Support Services (IFSS) 732-235-5000 or NAMI of Middlesex County at 732-745-0709.